



The Lockdown 101

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| <ol style="list-style-type: none">1. Grow a sunflower taller than you2. Camp out in the garden3. Learn to sew a button on4. Set up a birdfeeder5. Learn how to make a Cat's Cradle6. Plan a treasure hunt with clues7. Grow (and then eat) some vegetables8. Meditate outside9. Cook dinner with your family10. Make your own play dough11. Make a thank you card for someone who has inspired you12. Make your own lemonade13. Learn to tie your shoelaces14. Blow up a balloon and play keep-ups15. Make a creative Lego structure16. Watch the peregrine webcam at the cathedral17. Learn to fold your clothes18. Calculate the cost of a meal19. Devise a new sport/game20. Read to a relative over video messaging21. Make a magical den22. Carry out a science experiment23. Create a piece of towel origami24. Read a book by torch light25. Put on a show for the adults at home26. Tidy your room (properly)27. Make a musical instrument28. Make a Rube Goldberg machine29. Film a funny slo-mo video30. Write a rap31. Learn a dance32. Draw a picture on the pavement with chalk33. Do 10 press ups in a row34. Complete a Kahoot quiz35. Dress up as somebody in your family36. Find items that starts with every letter of the alphabet37. Do the washing up38. Give your parents/carers a lie in39. Learn a story/poem off by heart40. Make a paper water bomb41. Lean against a tree and listen to the birds42. Make a rainbow for your window43. Write a letter to a relative44. Make a bookmark45. Learn the 7 times table46. Read a book lying on the grass47. Learn a new song48. Bug hunt in the garden49. Make a jar of things to do after the lockdown50. Create a handprint poster for #lockdown202051. Write a fact file about a fascinating creature52. Invent a magic potion and list the ingredients | <ol style="list-style-type: none">53. Say the alphabet backwards54. Learn how to sew a drawstring bag55. Go stargazing and spot the ISS56. Play a board game with your family57. Learn how to bake bread58. Make your own scones59. Play hide and seek with a family member60. Do a #hometasking challenge with @AlexHorne61. Offer to do a regular chore at home62. Eat a doughnut without licking your lips63. Build a card tower64. Keep a diary every day for two weeks65. Make a puppet66. Learn a magic trick67. Learn to catch with one hand68. Engage in some #RadicalReading69. Forgive somebody70. Build a bug hotel71. Learn a skipping rope game72. Learn to juggle73. Cook a chocolate banana on a BBQ/fire74. Perform a handstand75. Make a daisy chain76. Learn to tie a tie77. Read or listen to every book in a series78. Create a work of art on a canvas to be displayed79. Learn to tie a reef knot80. Play cards81. Have a massive dance-off with everyone in your house.82. Make a pom pom83. Wear fancy dress for a whole day84. Complete a Rubik's Cube85. Play chess86. Set a toilet roll keepy-up challenge record87. Make a friendship bracelet88. Learn a song in another language89. Make a list of positive things that happen in a day90. Complete a jigsaw puzzle91. Learn to play Sudoku92. Make someone smile93. Win a 'moo-off'94. Set up a home cinema with a price list for tickets, snacks and drinks95. Draw something natural in close-up detail96. Play Jingle Jangle (ask a grown up what it is!)97. Build a working model of a volcano98. Have a Teddy Bear picnic99. Make an obstacle course for your family100. Draw a funny comic strip about Sidlesham school101. Learn to say 'Hello' in ten different languages |
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- Share your pictures on Twitter with the hashtag **#Lockdown101** or send them to head@sidlesham.w-sussex.sch.uk

Whichever activity you choose to do, please make sure it is under the guidance of an appropriate adult