Covid 19 Support for parent carers and children and young people.

* National Autistic Society – guidance and helpline for parents’, young people and staff: [https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-(covid-19)-advice.aspx](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Fwww.autism.org.uk%2Fservices%2Fnas-schools%2Fvanguard%2Fnews%2F2020%2Fmarch%2Fcoronavirus-%28covid-19%29-advice.aspx)
* Mencap - Easy Read guide to Coronavirus: [https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20SS2.pdf](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Fwww.mencap.org.uk%2Fsites%2Fdefault%2Ffiles%2F2020-03%2FInformation%2520about%2520Coronavirus%2520ER%2520SS2.pdf)
* Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: [https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Fwww.place2be.org.uk%2Fabout-us%2Fnews-and-blogs%2F2020%2Fmarch%2Fcoronavirus-information-for-children%2F)
* Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: [https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Fyoungminds.org.uk%2Fblog%2Ftalking-to-your-child-about-coronavirus%2F)
* Carers UK - Guidance for carers: [https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Fwww.carersuk.org%2Fhelp-and-advice%2Fhealth%2Flooking-after-your-health%2Fcoronavirus-covid-19)
* Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic: [https://www.mindheart.co/descargables](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Fwww.mindheart.co%2Fdescargables)
* Amaze - information pack for parents [https://amazesussex.org.uk/faqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Famazesussex.org.uk%2Ffaqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove%2F)

[Public Health England](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Feur02.safelinks.protection.outlook.com%2F%3Furl%3Dhttps%253A%252F%252Feasy-read-online.us15.list-manage.com%252Ftrack%252Fclick%253Fu%253D6d563f7f763a0cf7e70c9cfe1%2526id%253D0c04c35bc0%2526e%253D1a4a54ea5e%26data%3D02%257C01%257CAAllard%2540ncb.org.uk%257Caf891cc0fed7420ba55608d7ca566849%257Cadc87355e29c4519954f95e35c776178%257C0%257C0%257C637200344772988297%26sdata%3D9mh8m8DKfQVNX9GPfAMXq57s5ykCLVm7PE6%252BPiCAKUc%253D%26reserved%3D0) have produced an easy read version of their [Advice on the coronavirus for places of education](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Feur02.safelinks.protection.outlook.com%2F%3Furl%3Dhttps%253A%252F%252Feasy-read-online.us15.list-manage.com%252Ftrack%252Fclick%253Fu%253D6d563f7f763a0cf7e70c9cfe1%2526id%253D6efa277046%2526e%253D1a4a54ea5e%26data%3D02%257C01%257CAAllard%2540ncb.org.uk%257Caf891cc0fed7420ba55608d7ca566849%257Cadc87355e29c4519954f95e35c776178%257C0%257C0%257C637200344772978298%26sdata%3DblVpFcNZEHqif7ytPfFwrpGNY2Mmmw4leeRFvWPiT4o%253D%26reserved%3D0).  You can download it [here](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=fH4UkoOpXwNtl0lIw7pPlw&url=https%3A%2F%2Feur02.safelinks.protection.outlook.com%2F%3Furl%3Dhttps%253A%252F%252Feasy-read-online.us15.list-manage.com%252Ftrack%252Fclick%253Fu%253D6d563f7f763a0cf7e70c9cfe1%2526id%253D1effe5e60d%2526e%253D1a4a54ea5e%26data%3D02%257C01%257CAAllard%2540ncb.org.uk%257Caf891cc0fed7420ba55608d7ca566849%257Cadc87355e29c4519954f95e35c776178%257C0%257C0%257C637200344772998287%26sdata%3DDH8G1k44HQBwG65sot3pyRMJglcUAc5zawtq4%252FOgtkM%253D%26reserved%3D0)