

20th June 2023

Dear Parents and Carers

As we told you earlier in the year we have begun to use the Jigsaw scheme to deliver our Personal, Social and Health curriculum. It also covers the Relationships and Sex education that we are statutorily responsible for teaching. This is a broad scheme that can be used by all schools which have very different catchments of children with very differing needs and experiences. Therefore it is important that as educators we tailor the materials accordingly for our school whilst still ensuring we cover the requirements set out in the National Curriculum.

This term's content is centred around changes in the children's lives and bodies. This area contains content that we are going to adapt accordingly based on the needs of our children in our setting. We are also going to teach some of the content in separate year groups split into girls and boys groups. This is what we are going to cover

Tigers	 Naming parts of their body How to keep their body healthy How they feel about moving to Year 1 Celebrating the things they have learnt to do
Meerkats	 Life cycles in nature How they will grow and go through different stages in life The difference between male and female bodies and that some parts are to be kept private Discuss their feelings about change and who they can talk to if they are worried about it
Kangaroos	 How babies grow and change- both animal and human What babies need to flourish and grow Looking at family stereotypes Looking forward to changes that are ahead for them
Year 4	 How babies grow and where The differences between girls and boys bodies and how they will begin to change Use of specific vocabulary including breasts, penis, vagina, uterus
Year 5	 How a baby is made focusing on how a sperm and an egg are needed. Not focused on how they meet. Puberty and how their body changes (hair growth, voice changes,

	 emotional feelings) Use of specific vocabulary including penis, vagina, testicles, egg, sperm, periods and menstruation.
Year 6	 They will go into more scientific detail about the moment an egg meets a sperm Puberty and how their body changes (periods, wet dreams, sexual feelings) Use of specific vocabulary including penis, vagina, testicles, egg, sperm, menstruation

We are committed to ensuring all of our children and families are represented and supported when delivering this content so please if you have any questions about what your children are learning just ask and we will be happy to help and discuss things with you.